






## OOH LA LA – KITCHEN WORD ORIGINS

Use a dictionary to find out what these words mean.  
Does your dictionary show you where the word comes from?  
Use dictionary.com if not.

You need: a dictionary  
(you can use an online  
version)

### Verbs:

-  Blanche .....
-  chiffonade .....
-  concasse .....
-  confit .....
-  flambé .....
-  fricassée .....
-  julienne .....
-  marinate .....
-  macerate .....
-  purée .....
-  sauté .....

### Why do so many of these words come from French?

French cookery was considered the finest in the Western world for centuries, with strict rules and traditions, precise and complicated methods of cooking and presentation. Chefs and cooks around the world wanted to train in France. Western cookery training still teaches many of these methods of cooking. The word restaurant is French, originally meaning a nourishing, restorative broth but in 1786 a law was passed in Paris to let people eat their soup at a table and the restaurant was born.

### Nouns

English words don't usually end with a vowel (apart from the 'magic e' used to lengthen the vowel sound, e.g. dice). Food that originated in other countries sometimes ends with a vowel – a good way of telling if the food originally comes from another culture. Can you find out where these food words originated and what they mean:

- 🥬 Spaghetti .....
- 🥬 sushi .....
- 🥬 croquette .....
- 🥬 salami .....
- 🥬 flambé .....
- 🥬 hāngi .....
- 🥬 pasta .....
- 🥬 ghee .....
- 🥬 zucchini .....
- 🥬 broccoli .....
- 🥬 cavolo nero .....
- 🥬 teriyaki .....
- 🥬 tofu .....
- 🥬 alfalfa .....
- 🥬 banana .....
- 🥬 taro .....

- 🥬 vanilla .....
- 🥬 kohlrabi .....
- 🥬 kumara .....
- 🥬 potato .....
- 🥬 wasabi .....
- 🥬 baguette .....
- 🥬 pita .....
- 🥬 chapati .....
- 🥬 lasagna .....
- 🥬 pizza .....
- 🥬 tortilla .....
- 🥬 bouquet garni .....
- 🥬 espresso .....
- 🥬 aroma .....
- 🥬 menu .....
- 🥬 recipe .....

## Adjectives

'Al dente' is a word borrowed from Italian to help cook pasta perfectly. Can you find out what it translates as?

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